

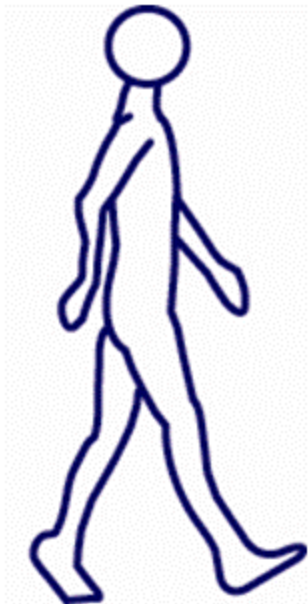
pd body positions:

2 reference positions for human centered health care

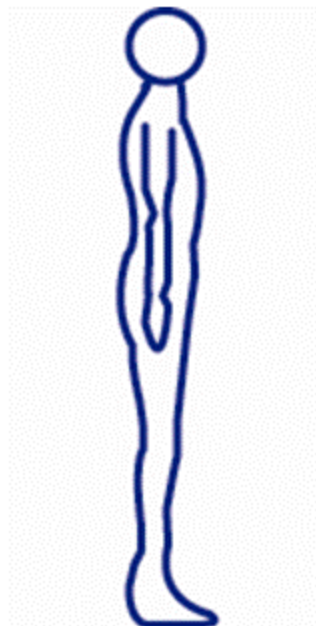


full rest at horizontal

balanced upright



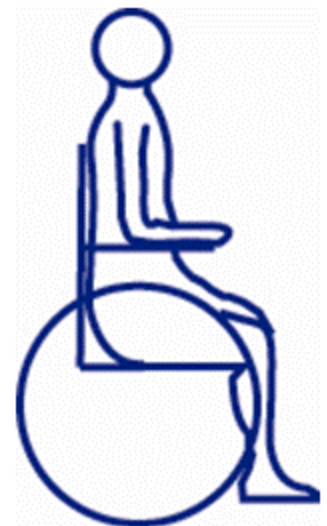
walking



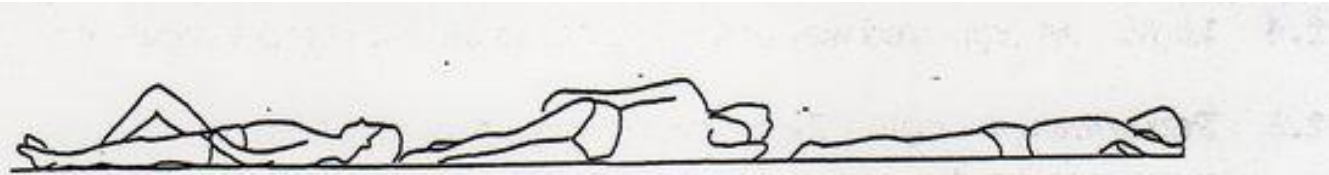
standing



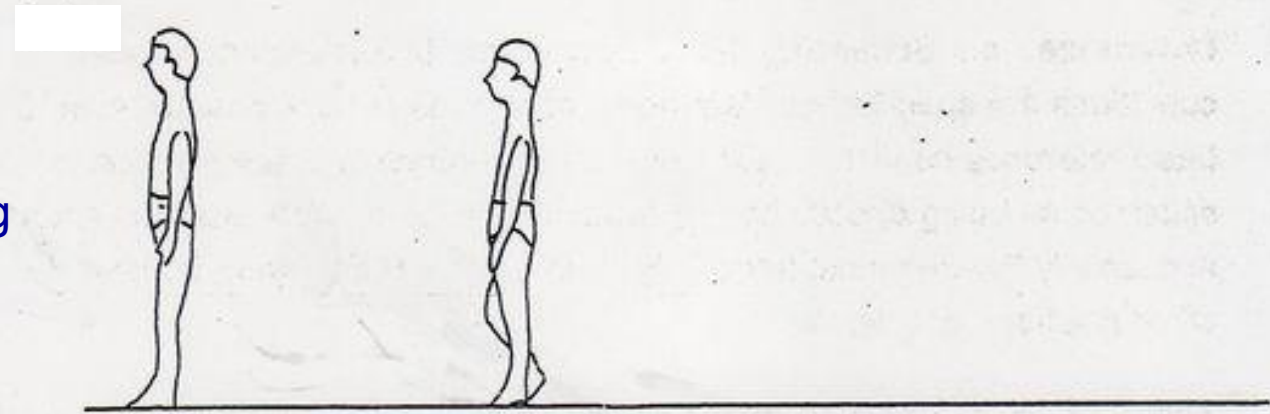
seated at knee level



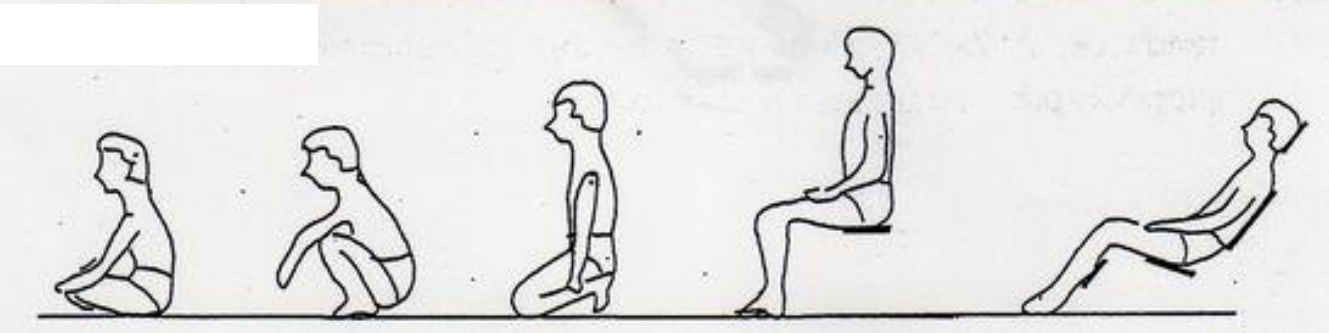
Lying



Standing/walking



Sitting



The optimum resting posture is lying.

The optimum posture for performing precise tasks over a long period of time is the seated posture. This allows the seat to support the majority of the weight and the two feet, in combination with the seat, allow “tripod” stabilization